

**BARLOW BASEBALL 2012  
PRE-SEASON YOUTH CAMP**

**WHEN: March 3<sup>rd</sup> and 4<sup>th</sup>**

**WHERE: Barlow High School Gym/Turf Field/Hitting Facility**

**CAMP TIMES:**

**Saturday February 3rd      11am-2pm**

**Sunday February 4th:      11am-2pm**

**Age groups: 7-10 year olds and 11-14 year olds (players could be moved up according to skill level)**

**COST: \$45.00, checks payable to Barlow Baseball**

**This camp will cover skills, fundamentals and drills in both the pitching, catching, base running, infield/outfield play and hitting.**

**Players will have access to indoor hitting cages and field turf.**

**Along with instruction the turf field will be used for game like situations and scrimmages.**

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**NAME** \_\_\_\_\_ **AGE/GRADE** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**CITY** \_\_\_\_\_ **PHONE#** \_\_\_\_\_

**E-MAIL** \_\_\_\_\_

**SATURDAY CAMP: 10am-1pm**

**SUNDAY CAMP: Noon-3pm**

**\* Make Checks Payable to BARLOW BASEBALL:      SEND TO:**

**BARLOW BASEBALL  
5105 SE 302<sup>nd</sup>  
Gresham, OR 97080**

**\*revised 1/22/2012**

# **CURRICULUM: BARLOW YOUTH CAMP 2011**

## **SATURDAY: 10am-1pm**

**10:00am Registration**

**10:10-10:20 Warm-up/Stretch/Run**

**10:20-10:35 Throwing sequence**

**10:40-11:30pm**

**SWITCH**

**11:40-12:30**

**6<sup>th</sup>-7<sup>th</sup>-8<sup>th</sup> Graders**

**2<sup>nd</sup>-3<sup>rd</sup>-4<sup>th</sup>-5<sup>th</sup> Graders**

**Infield and outfield fundy's  
Base Running  
Games**

**Hitting Facility  
-hitting fundy's  
-soft toss  
-short toss**

**Closing: 12:50-1:00**

**SUNDAY: 10:00am-1pm**

**10:00-10:10pm Warm-up/Stretch/Run**

**10:10-10:25pm Throwing sequence**

**10:30-11:40pm**

**SWITCH**

**11:45-12:55pm**

**2<sup>nd</sup>-3<sup>rd</sup>-4<sup>th</sup>-5<sup>th</sup> Graders**

**6<sup>th</sup>-7<sup>th</sup>-8<sup>th</sup> Graders**

**Infielder and outfield fundys**

**Base running**

**GAMES**

**Hitting-Facility**

**Pitchers/Catchers**

**12:55 TEE SHIRTS/PICTURES**